

# Peanut Butter Bar

1/274 Botany Road, Alexandria  
Phone: (02) 8054 0566

Opening Hours: Mon-Fri: 7am - 2pm + 5pm - 10pm  
(Dine in, Takeaway, Sat: 9am - 10pm  
UberEats) Sun: 9am - 9pm



## Skillets \$18.50

All skillets served with vanilla gelato and a shot of peanut butter



Triple Choc Cookie



Apple Crumble



Choc Chip Cookie (GF)



Red Velvet

## Pancakes \$22



Protein Peanut Butter Banana (GF)



Protein Peanut Butter Berry (V) (GF)

## Brownie Sundaes \$15.95

Choose your brownie:

- Triple Choc
- Vegan Fudge



## Hot Desserts \$17.50



Chocolate Lava Cake



Sticky Date Pudding

## Ultimate Plates

Your fave served with vanilla gelato & shot of peanut butter



Reese's Cheesecake

### Cakes \$17.50

Choose your cake:

- Reese's Cheesecake
- Lotus Cheesecake
- Ferrero Cheesecake
- Protein Peanut Butter & Choc Cheesecake
- Salted Caramel Peanut Butter Mud Cake



Triple Choc Brownie

### Brownie \$15.95

Choose your brownie:

- Triple Choc
- Vegan Fudge



Peanut Butter Fudge Cookie

### Cookie \$15.95

Choose your cookie:

- Peanut Butter Fudge
- Nutella
- Lotus

### Add \$2 Extra Topping

- Peanut Butter
- Chocolate
- Warm Salted Caramel

## Gelato

Check counter for flavours

- 1 Scoop ..... \$6.50
- 2 Scoops ..... \$8.50
- 3 Scoops ..... \$10.50
- 1/2 L (2 flavours) .. \$17
- 1 L (3 flavours) ..... \$25



## From the Cake Cabinet

### Cakes \$9.95

- Salted Caramel Peanut Butter Mud Cake
- Reese's Cheesecake
- Lotus Cheesecake
- Ferrero Cheesecake

Protein Peanut Butter & Choc Cheesecake (GF) \$12

### Cookies \$7

- Peanut Butter Fudge Cookie
- Nutella Cookie
- Lotus Cookie

### Brownies \$7

- Triple Choc Brownie
- Vegan Fudge Brownie (GF)

Vegan Snickers Slice (V) (GF) \$8

Protein Baked Donut (GF) \$4

## Coffee Regular \$4 | Large \$5

Flat White, Latte, Cappucino, Macchiato, Piccolo, Espresso, Chai Latte, Hot Chocolate

## Tea \$4

Green Tea, Chamomile, Earl Grey, English Breakfast, Egyptian Peppermint

- Peanut Butter Latte Regular \$5.5 Large \$6.5
- Peanut Butter Hot Chocolate Regular \$5.5 Large \$6.5

Choice of Milk +0.50c  
Almond, Soy, Oat, Lactose Free

## PB Shakes \$10



Peanut Butter Salted Caramel Shake

- Peanut Butter Salted Caramel
- Peanut Butter Deadly Chocolate
- Peanut Butter Banana
- Peanut Butter Vanilla

## Protein Shakes \$12

- Peanut Butter Chocolate
- Peanut Butter Banana
- Peanut Butter Date (V)

## Other Drinks \$10

- Spider
- Iced Chocolate
- Iced Coffee
- Iced Mocha



Spider



Iced Chocolate

## Soft Drinks

- Cans \$3
- 600ml Bottles \$4.50
- 250ml Sparkling Water \$4
- 750ml Sparkling Water \$9
- Red Bull \$4

# PROTEIN Shakes

\$12

## PROTEIN PB & CHOC

CALORIES	PROTEIN	FAT	CARBS	SUGAR
282	28g	9g	24g	8g

## PROTEIN PB & BANANA

CALORIES	PROTEIN	FAT	CARBS	SUGAR
310	28g	10g	26g	9g

## PROTEIN PB & DATE

CALORIES	PROTEIN	FAT	CARBS	SUGAR
372	28g	11g	29g	10g

*Linn*  
**SANDSTROM**  
Australian Boxer

  
**Health NUT**  
AMBASSADOR



WBA Asia Boxing Champion  
WBC Australasia Boxing Champion  
WBA Intercontinental Boxing Champion

★ *Special* ★

PROTEIN PB SHAKE  
+  
PROTEIN PB & CHOC CHIP COOKIE

CALORIES	PROTEIN	FAT	CARBS	SUGAR
549	38g	26g	41g	16g


\$15



# PROTEIN Pancakes



## PB & BANANA PANCAKES

No added sugar   
(sugar from bananas only)

\$22

CALORIES	PROTEIN	FAT
684	34g	40g
CARBS	SUGAR	
62g	29g	



## VEGAN PB & BERRY PANCAKES

\$22

CALORIES	PROTEIN	FAT
630	31g	36g
CARBS	SUGAR	
57g	27g	

# PROTEIN Desserts



## CHOC CHIP COOKIE SKILLET

\$18.50

CALORIES	PROTEIN	FAT	CARBS	SUGAR
657	28g	40g	54g	16g

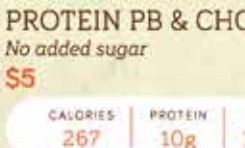


## PROTEIN PB & CHOC CHEESECAKE

No added sugar

\$12

CALORIES	PROTEIN	FAT	CARBS	SUGAR
609	23g	49g	25g	7g



## PROTEIN PB & CHOC CHIP COOKIE

No added sugar

\$5

CALORIES	PROTEIN	FAT	CARBS	SUGAR
267	10g	17g	17g	8g



## PROTEIN BAKED DONUT

No added sugar

\$4

CALORIES	PROTEIN	FAT	CARBS	SUGAR
182	7g	12g	9g	9g



Peanut Butter On Tap 

## Extra PEANUT BUTTER

\$2

CALORIES	PROTEIN	FAT	SUGAR
127	4.5g	10.4g	1.7g

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@peanutbutterbar

#butterlove



All of our Protein Desserts are  
*Free* from Refined Sugar  
and are also *Gluten Free!*

 = Vegan  = Gluten Free